



Healthy Start Scheme: Application Process Guidance & Tips



1. Completing the application form

Many Healthy Start Voucher forms are rejected because the application form is completed incorrectly.

Please ensure:

- The application is completed in **black ink** and **CAPITAL LETTERS**
- Tick all the relevant boxes including all the benefits you are entitled to
- Only tick the Universal Credit if you work and earn less than £408 per month
- Don't forget to enter your due date
- Do not apply before 10 weeks pregnant
- Ensure the child's name matches their name on the benefits



2. Send completed application forms to:

Freepost RRTR-SYAE-JKCR
Healthy Start Issuing Unit
PO Box 1067
Warrington
WA55 1EG



3. Don't have access to a digital device?

If you do not have access to a digital device to complete the application form online or need a translator, you can complete the application form by phone, contact the helpline:

0345 607 6823

(phone charges apply)



4. Families with No Recourse to Public Funds (NRPF)

Children whose parent/guardian meet the financial eligibility criteria and excluded from claiming public funds because of their immigration status or lack of immigration status. Can now qualify for the temporary extension but you must meet the following criteria:

- You have parental responsibility for at least one British child, who is less than 4 years old
- Your family's take-home pay is less than £408 per month; and
- You are excluded from claiming public funds because of your immigration status or your lack of immigration status

Applicants must email (Healthystartclaim@dhsc.gov.uk) stating they believe they qualify and DHSC will send out an application form (this application form is different to current form)



5. Further Information

- Healthy Start Website - [Get help to buy food and milk \(Healthy Start\)](#)
- Healthy Start telephone number - **0345 607 6823** (applications can be made via phone - interpreter available if required)
- Healthy Start application form - [ES1042332 CCS155 CCS1120511728-001 HS01A Application Form Booklet.pdf \(healthystart.nhs.uk\)](#)
- HS retailers - <https://www.healthystart.nhs.uk/wp-content/uploads/2021/06/Healthy-Start-retailers.xlsx>
(put first 3 digits of post code into find & select)

