



Communication and Autism



Access to
Education

CAT PAC – Parent Autism Awareness Course

We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will be delivered online via Microsoft Teams:

Session1 – All About Autism	Tuesday 8 th November 12.45-2.45
Session 2 – Communication and Interaction	Tuesday 15 th November 12.45-2.45
Session 3 – Sensory differences	Tuesday 22 nd November 12.45-2.45
Session 4 – Eating, sleeping and personal care	Tuesday 29 th November 12.45-2.45
Session 5 – Autism and Anxiety	Tuesday 6 th December 12.45-2.45
Session 6 – parent choice	Tuesday 13 th December 12.45-2.45

The following information will need to be provided to gain a place:

- Child/young person's name and school
- Your name and email address

The subject or title of your email needs to state that it is for the Virtual CAT PAC. There is an expectation that parents endeavour to attend all sessions if possible.

Please email A2EGeneral@birmingham.gov.uk to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely, Julie Watchorn-Brennan and Jane Brown